

# deals

**2X monthly!**

January 14–January 27, 2026

Scan to download!



**Health-Ade Organic Kombucha**  
selected varieties

**2/\$6**  
16 oz



**Catalina Crunch Keto Friendly Cereal**  
selected varieties

**\$6<sup>29</sup>**  
8-9 oz

## Start off Your Year with Savings!

**Mike's Mighty Good Craft Ramen**  
selected varieties

**\$1<sup>99</sup>**

1.6-2.4 oz



**Muir Glen Organic Tomatoes**  
selected varieties

**2/\$3**

14.5-15 oz



**Once Again Organic Tahini**

**\$7<sup>49</sup>**

16 oz



**Barbara's Cheese Puffs**  
selected varieties

**\$2<sup>79</sup>**

5.5-7 oz



**Mavuno Harvest Organic Dried Fruit**  
selected varieties

**\$2<sup>79</sup>**

2 oz



**cocojune Organic Coconut Yogurt**  
selected varieties

**\$5<sup>79</sup>**

16 oz



**Westbrae Organic Beans**  
selected varieties

**\$2<sup>19</sup>**

15 oz



**So Delicious Organic Coconut Milk**  
selected varieties

**2/\$5**

32 oz



**Food for Life Organic Ezekiel 4:9® Bread**  
selected varieties

**\$5<sup>49</sup>**

24 oz



Look for new deals on **January 28!**



We believe food has the power to impact the future of the planet and everyone on it.

From partnering with the farmers who grow our food, to thoughtfully choosing the packaging that our food is packaged in – we've always had your family and our planet in mind.



**Annie's Mac & Cheese**  
selected varieties

**4/\$5**

5.25-6 oz



**Annie's Organic Bunny Crackers**  
selected varieties

**2/\$7**

7.5 oz



**Annie's Organic Fruit Snacks**  
selected varieties

**2/\$6**

7 oz

**Bachan's Japanese Barbecue Sauce**  
selected varieties

**\$6.49**

15.5-17 oz



**Muir Glen Organic Pasta Sauce**  
selected varieties

**2/\$7**

23.5 oz



**Maya Kaimal Organic Everyday Dal**  
selected varieties

**\$3.29**

10 oz



**Amore Tomato Paste**  
selected varieties

**\$2.79**

4.5 oz



**Safe Catch Elite Wild Tuna**

**\$3.19**

5 oz



Stock your pantry with delicious organic soups and broths from Pacific Foods. Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



**Pacific Foods Organic Broth**  
selected varieties

**\$5.79**

32 oz



**Pacific Foods Organic Soup**  
selected varieties

**\$3.79**

16.1 oz

**Cascadian Farm  
Organic Cereal**

selected varieties

**2/\$7**

8.6-14.6 oz



**BACK TO NATURE.**  
EST. 1960

Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days.



**Back to Nature  
Crackers**

selected varieties



**Back to Nature  
Cookies**

selected varieties

**2/\$6**

4-7 oz

**\$3.79**

7.5-9 oz

**Chosen Foods  
Avocado Oil Mayo**

selected varieties

**\$6.49**

12 oz



**Jovial  
Organic Brown Rice Pasta**

selected varieties

**\$3.99**

12 oz



**Rudi's  
Organic Bread**

selected varieties

**\$4.49**

22 oz



**St. Dalfour  
French Fruit Spread**

selected varieties

**\$3.49**

10 oz



**Bobo's  
PB&Js**

selected varieties

**\$3.79**

8.4 oz



**Annie's  
Organic Cheddar  
Cheesy Smiles**

**2/\$7**

4 oz



**Skinny Dipped  
Chocolate Covered Almonds**

selected varieties

**\$3.99**

3.5 oz



**LesserEvil  
Organic Popcorn**

selected varieties

**2/\$6**

4.6-6.4 oz



**Navitas  
Organic Cacao Powder**

**\$9.49**

8 oz



**Big Tree Farms  
Organic  
Coconut Sugar**

selected varieties

**\$3.99**

16 oz



# alter eco

Alter Eco offers rich, indulgent chocolate that satisfies cravings while meeting ethical and eco-friendly standards. Made with Fair Trade cocoa, organic ingredients, and regenerative agriculture practices, our chocolate provides the ultimate guilt-free treat for the family.



Alter Eco Organic Chocolate Bar selected varieties

**\$3.79**  
2.82 oz

**Essentia Alkaline Water**



**2/\$4**

1.5 lt

**Nixie Organic Sparkling Water**  
selected varieties



**\$5.49**

8/12 oz

**Vita Coco Coconut Water**  
selected varieties



**2/\$5**

500 ml

**Milkadamia Macadamia Milk**  
selected varieties



**\$4.99**

32 oz

**Zevia Zero Calorie Soda**  
selected varieties



**\$5.49**

6/12 oz

**ROAR Organic Organic Enhanced Beverage**  
selected varieties



**\$7.59**

18 oz

**R.W. Knudsen Black Cherry Juice**



**\$5.49**

32 oz

**Four Sigmatic Organic Coffee**  
selected varieties



**\$12.99**

10 oz

**Rishi Tea Organic Tea**  
selected varieties



**\$6.49**

15 oz



We believe feeling good starts with what you eat. That's why we use clean, simple, plant-based ingredients that are free from GMOs, synthetic colors, animal products, or added hormones. Because clean bodies start with clean, nutritious food and simple choices.



**Beyond  
Beyond Sausage  
Plant-Based Links**  
selected varieties

**\$6<sup>29</sup>**

14 oz



**Beyond  
Beyond Beef  
Plant-Based Ground**

**\$6<sup>79</sup>**

16 oz

**Organic India  
Organic Tea**  
selected varieties



**\$3<sup>79</sup>**

18 ct

**Califia Farms  
Better Half Creamer**



**\$2<sup>79</sup>**

16.9 oz

**nutpods  
Dairy-Free Creamer**  
selected varieties



**2/\$5**

11.2 oz

**Brown Cow  
Cream Top Whole Milk Yogurt**  
selected varieties



**5/\$5**

5.3 oz

**Painterland Sisters  
Organic Skyr Yogurt**  
selected varieties



**\$2<sup>29</sup>**

5.3 oz

**Tofurky  
Plant-Based Deli Slices**  
selected varieties



**\$4<sup>29</sup>**

5.5 oz

**Wildwood  
Organic High Protein  
Super Firm Tofu**



**\$3<sup>99</sup>**

16 oz





Amy's delicious meals and burritos are made with organic ingredients and real care to satisfy every craving.

**Amy's Macaroni & Cheese**

**2/\$7**  
9 oz

**Amy's Burrito**  
selected varieties

**2/\$6**  
5.5-6 oz

**Vital Farms Pasture Raised Eggs**



**\$6.79**

1 dz

**Siete Grain Free Tortillas**

selected varieties



**\$5.29**

8 ct

**Gardein Meatless Meat**

selected varieties



**\$3.79**

8.1-13.7 oz

**Desert Essence Dental Floss**

selected varieties



**\$3.29**

1 ct



## Mini Wild Albacore Tuna Sweet Potato Cakes

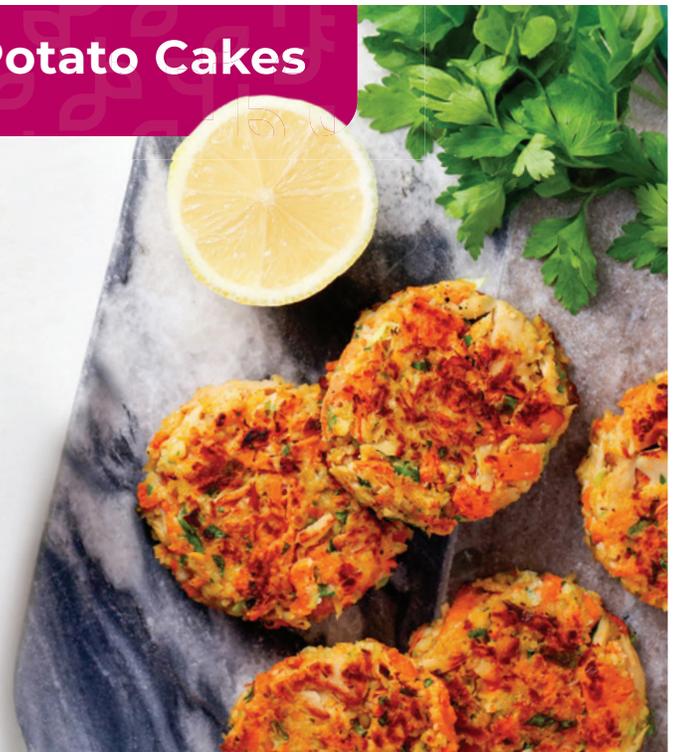
1 HR • SERVES 2

### INGREDIENTS

- |  |                                    |
|--|------------------------------------|
| ½ medium sized sweet potato  | ¼ cup shredded carrot              |
| 1 can (5 ounces) <b>Wild Planet Wild Albacore Tuna</b> , undrained | 1 teaspoon lemon zest              |
| 1 egg  | 1 tablespoon chopped fresh parsley |
| ¼ cup breadcrumbs  | Ground black pepper, to taste      |
| 2 tablespoons finely chopped green onion                           | 1 teaspoon olive oil               |

### DIRECTIONS

- Preheat oven to 400°F. Line a baking sheet with parchment paper. Cut a sweet potato in half lengthwise and place one half flat side down on the parchment paper.
- Bake for about 40 minutes or until the sweet potato half is soft when tested with a fork.
- Scoop out the inside of the sweet potato half into a bowl and add the **Wild Planet Wild Albacore Tuna**, egg, breadcrumbs, green onion, carrot, lemon zest, parsley, and black pepper. Mix until combined, lightly breaking up the tuna while mixing.
- Heat olive oil in a frying pan over medium heat. Shape about ¼ cup of the tuna mixture into a small round cake and cook in the heated frying pan for two to three minutes on each side or until golden brown. Repeat with the rest of the tuna mixture.



**Andalou Naturals  
Shampoo or Conditioner**  
selected varieties

**\$6<sup>99</sup>**

11.5 oz



**Beekeeper's Naturals  
Propolis Immune Support  
Throat Spray**

**\$9<sup>99</sup>**

30 ml



**Himalaya  
Toothpaste**  
selected varieties

**\$5<sup>49</sup>**

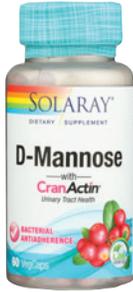
5.29 oz



**Solaray  
D-Mannose with  
CranActin**

**\$24<sup>99</sup>**

60 vcap



**Orgain  
Organic Vegan  
Nutritional Shake**  
selected varieties

**\$2<sup>99</sup>**

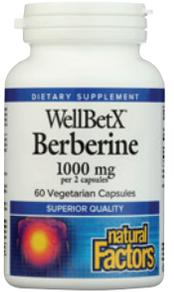
11 oz



**Natural Factors  
WellBetX® Berberine  
1000 mg**

**\$20<sup>99</sup>**

60 vcap



**Everyone  
Hand Soap**  
selected varieties

**\$3<sup>79</sup>**

12.75 oz



**Biochem  
Whey Isolate Protein**  
selected varieties

**\$27<sup>99</sup>**

11.8-15.4 oz



**Boiron  
Oscillococcinum**

**\$11<sup>99</sup>**

6 dose



**Renew Life  
3-Day Cleanse**

**\$6<sup>79</sup>**

12 ct



**OWYN Only What You Need  
Plant-Based Protein Drink**  
selected varieties

**2/\$5**

12 oz



**Vibrant Health  
Green Vibrance 30 Days**

**\$48<sup>99</sup>**

11.68 oz



**Herbatint  
Permanent Haircolor Gel**  
selected varieties

**\$13<sup>99</sup>**

5.75 oz



# Pumpkin Corn Soup

25 MIN • SERVES 4-6 • GLUTEN-FREE, VEGETARIAN

## INGREDIENTS

- 3 tablespoons olive oil
- 1 large yellow onion, diced
- 1 tablespoon minced garlic
- 2 4-ounce cans diced green chiles
- 1 quart vegetable stock
- 1 15-ounce can pumpkin puree
- 1 teaspoon ground cumin
- ½ teaspoon dried thyme
- ½ teaspoon dried savory (optional)
- 2 cups frozen corn
- 1 cup half and half (or alternative)
- 1 large baked potato, peeled and roughly mashed
- 1 tablespoon sriracha hot sauce
- ½ cup cilantro, chopped (optional)
- 1 ½ teaspoons sea salt

## DIRECTIONS

- 1 Heat olive oil in a stock pot over medium-low heat. Add onion and sauté until tender, about 5 minutes.
- 2 Add garlic and cook for 30 seconds then add green chiles and cook for an additional 3 minutes. Stir in vegetable stock, pumpkin puree, cumin, thyme, and savory (if using). Bring to a gentle simmer and cook for 5-10 minutes.
- 3 Stir in corn, half and half, potato, sriracha, cilantro (if using), and sea salt. Cook until corn is warmed through.
- 4 Serve hot with crusty bread.

*Make it plant-based by replacing half and half with a plant-based creamer.*



## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.



SE-B