



**NATURE'S PICK
MARKET**
The Elements Of Good Health

Now 2x monthly!

deals

January 29–February 11, 2025



**The Good Crisp Company
Potato Crisps**
selected varieties

2/\$6
5.6 oz



**Tony's Chocolonely
Chocolate Bar**
selected varieties
6.35 oz

\$3.99

Savor the savings on delicious snacks

**Kettle
Potato Chips**
selected varieties

2/\$6
5 oz



**Siete
Kettle Cooked Potato Chips**
selected varieties

2/\$6
5.5 oz



**Angie's BoomChickaPop
Popcorn**
selected varieties

2/\$6
4.4–7 oz



**Traditional Medicinals
Organic Tea**
selected varieties

\$4.29
16 ct



**GT's
Kombucha**
selected varieties

2/\$6
16 oz



**poppi
Prebiotic Soda**
selected varieties

2/\$4
12 oz



**Justin's
Organic Peanut Butter Cups**
selected varieties

\$4.29
4.2–4.7 oz



**Chocolove
Chocolate Bar**
selected varieties

2/\$6
2.9–3.2 oz



**Hu
Chocolate Bar**
selected varieties

\$3.29
2.1 oz



Look for new deals on **February 12!**



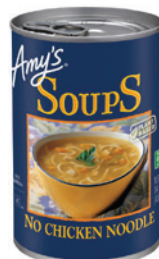
At Amy's, we cook every meal with love. We spend countless hours in our kitchens, so you can enjoy delicious food in minutes. From our scratch made sauces to the perfectly balanced flavors, every bite delivers the comforting taste of home.



**Amy's
Macaroni & Cheese**

\$3⁷⁹

9 oz



**Amy's
Soup**
selected varieties

\$3⁷⁹

13.65-14.7 oz

**Annie's
Organic Mac & Cheese**
selected varieties



2/\$6

5.5-6 oz

**Muir Glen
Organic Tomatoes**
selected varieties



2/\$5

28 oz

**Rao's
Pasta Sauce**
selected varieties



\$6⁹⁹

24 oz

**Bachan's
Japanese Barbecue Sauce**
selected varieties



\$6⁷⁹

17 oz

**California Olive Ranch
Extra Virgin Olive Oil**
selected varieties



\$13⁹⁹

16.9 oz

Penne Rigate with Tomato Sauce

25 MIN • SERVES 4-6 • VEGETARIAN

INGREDIENTS

- | | |
|--------------------------------------|----------------------------|
| 2 cups strained tomatoes | ½ teaspoon salt |
| 2 tablespoons extra virgin olive oil | ½ cup fresh basil leaves |
| 1 clove garlic, minced | 1 box of penne rigate |
| | Grated Parmigiano Reggiano |

DIRECTIONS

- 1 In a medium saucepan, simmer the strained tomatoes, extra virgin olive oil, garlic, and salt for 15 minutes.
- 2 Turn off the heat and add basil.
- 3 Cook penne rigate according to package instructions, stirring frequently.
- 4 Drain and toss the pasta with the tomato sauce.
- 5 Serve with grated cheese.



Buffalo Chicken Stuffed Avocados

15 MIN • SERVES 4 • GRAIN-FREE, KETO

INGREDIENTS

- | | |
|--|--------------------------------|
| 2 ripe avocados | ¾ cup cheddar cheese, shredded |
| 1 cup shredded chicken | 1 green onion, thinly sliced |
| 1 ½ tablespoons mayonnaise or Greek yogurt | ½ cup cilantro |
| 1 tablespoon buffalo hot sauce | |

DIRECTIONS

- 1 Preheat oven to 350°F. Prepare the buffalo chicken by whisking together mayonnaise and buffalo sauce in a small bowl. Fold in chicken and season with salt and pepper to taste.
- 2 Cut avocados in half and discard pit. Place avocados in an oven safe baking dish.
- 3 Spoon chicken salad on top of avocado halves and sprinkle with shredded cheese.
- 4 Bake for three to five minutes or until cheese has melted.
- 5 Place avocados on a serving tray and garnish with green onion and cilantro.



Nick's Sticks Meat Sticks

selected varieties

2/\$5

1.7 oz



Absolutely Gluten Free Flatbread

selected varieties

\$3.99

5.29 oz



Clif Bar Energy Bar

selected varieties

2/\$3

2.4 oz



Bobo's Oat Bar

selected varieties

2/\$4

3 oz



Crunchmaster Multi-Seed Crackers

selected varieties

\$3.29

4 oz



Purely Elizabeth Granola

selected varieties

\$5.99

8-12 oz

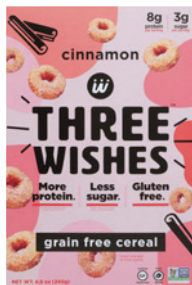


Three Wishes Grain Free Cereal

selected varieties

\$4.79

8.6 oz



Organic Valley has the perfect shredded cheese for your favorite recipes. Try our finely shredded Mozzarella on pizza, lasagna, or a casserole or our finely shredded Mexican blend with chili, quesadillas, and nachos.



Organic Valley
Organic Shredded Cheese
selected varieties

\$3.99

6 oz



For plant-curious foodies seeking delicious and kinder food choices, Miyoko's Creamery is an organic plant milk creamery that crafts the world's finest vegan cheese & butter, empowering them to choose good food that nurtures good in our world.



**Miyoko's Creamery
Organic Vegan
Cream Cheese**
selected varieties

\$3⁹⁹

8 oz



**Miyoko's Creamery
Organic Vegan
Butter**

\$4²⁹

8 oz

**Crofter's Organic
Organic Premium Fruit Spread**
selected varieties

\$4⁹⁹

16.5 oz



**Enjoy Life Foods
Chocolate Chips**
selected varieties

\$5²⁹

9-10 oz



**Little Secrets
Peanut Butter
Chocolate Pieces**

\$4⁴⁹

5 oz



**Essentia Water
Alkaline Water**

2/\$3

1 lt



**R.W. Knudsen
Organic Tomato Juice**

\$3⁷⁹

32 oz



**Oatly
Oatmilk**
selected varieties

\$4²⁹

64 oz



**Ripple
Plant-Based Milk**
selected varieties

\$4⁴⁹

48 oz



**Alexia
Organic Fries**
selected varieties

\$4⁹⁹

15 oz



Vital Planet
Vital Flora Women's
Daily Probiotic 60B



\$35⁹⁹

30 ct

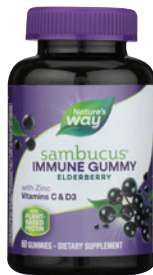
Garden of Life
Organic B-12 Spray



\$13⁹⁹

2 oz

Nature's Way
Sambucus Gummies



\$15⁹⁹

60 ct

Solaray
High Absorption
Magnesium Glycinate



\$16⁹⁹

120 vcaps

Aura Cacia
Organic
Castor Oil



\$37⁹

4 oz

Aura Cacia
Lavender
Essential Oil



\$84⁹

0.5 oz



Each item is formulated with 100% pure essential oils and responsibly sourced mineral and plant-based ingredients. Rest assured that Aura Cacia products are never tested on animals and do not contain any harmful parabens or phthalates.

Nordic Naturals
Ultimate Omega 2x



\$38⁹⁹

60 ct

NOW Foods
D-Mannose 500 mg



\$17⁹⁹

120 vcaps

Vital Proteins
Collagen Peptides



\$20⁹⁹

10 oz

Weleda
Skin Food



\$14⁹⁹

2.5 oz

Alaffia
Pure Unrefined Shea Butter
 selected varieties



\$94⁹

11 oz

Barbecue Chicken

30-40 MIN • SERVES 4 • DAIRY-FREE, GLUTEN-FREE

INGREDIENTS

2 tablespoons olive oil
8 chicken legs
 $\frac{3}{4}$ cup barbecue sauce
Salt and pepper

DIRECTIONS

- 1 Preheat oven to 400°F.
- 2 Line a baking sheet with parchment paper and place chicken on tray.
- 3 Coat chicken with olive oil and season with salt and pepper.
- 4 Bake chicken for 15 minutes, then start to baste with barbecue sauce every 5-10 minutes thereafter. Continue to cook chicken until the internal temperature reaches 165°F.
- 5 Remove chicken from oven and allow to rest on a clean plate for 5 minutes before serving.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

