



OLD FASHIONED World's Boot Oatmon[®] ed Rolled Oats are milled from the highest quality the world. They're the perfect choice for a satisfyin

NET WT 32 OZ (2 LB) 907g

Bob's Red Mill Organic Old Fashioned Rolled Oats

selected varieties



Manitoba Harvest Organic Hemp Hearts

Stock up and save on certified Non-GMO snacks

GoMacro Organic MacroBar

selected varieties



2-2.4 oz



Siete **Kettle Cooked Potato Chips**

selected varieties

5.5 oz



Lesser Evil Organic Popcorn

selected varieties

4.6-6.4 oz



Enjoy Life Foods Chocolate Chips

selected varieties



9-10 oz



Justin's **Organic Mini Peanut Butter Cups**

selected varieties

4.7 oz



Birch Benders Organic Pancake & Waffle Mix

selected varieties

14-16 oz



Poppi **Prebiotic Soda**

selected varieties

12 oz



GT's Kombucha

selected varieties

16 oz



C20 Coconut Water selected varieties

17.5 oz



Annie's Mac & Cheese

selected varieties



5.26-6 oz

Napa Valley Naturals Organic Extra Virgin Olive Oil

25.4 oz



selected varieties

10 oz



Miracle Noodle Plant Based Noodles

selected varieties

7 oz



Pacific Foods Organic Soup

selected varieties



Annie's **Organic Dressing** selected varieties



Kettle & Fire Bone Broth selected varieties

16.9 oz



Rao's Homemade

Pasta Sauce

selected varieties



24 oz





At Amy's, we cook with love using the best quality organic ingredients so you can enjoy delicious meals in minutes.



Amy's Macaroni & Cheese

9 oz



Amy's **Burrito**

selected varieties



Amy's **Organic Soup**

selected varieties

13.65-14.7 oz

Late July Tortilla Chips

selected varieties



PUR Gum

selected varieties



0.44 oz

The Ginger People Gin Gins® Ginger Candy

selected varieties



Nature's Bakery

selected varieties

Fig Bar



MI-DEL Ginger Snaps

selected varieties

8-10 oz



Simple Mills **Gluten Free Cookies**

Shop Better

with the

Butterfly

nature intended.

Look for the Non-GMO Project Verified Butterfly to ensure

> ERI nongmoproject.org

your products are made as

selected varieties



5.5 oz



One Degree Organics Organic Sprouted Cereal

selected varieties



8-10 oz



Navitas

Organic Cacao Powder

Absolutely Gluten Free Grain Free Flatbread

selected varieties



10/\$10

2 oz



8 oz



5.29 oz



At R.W. Knudsen, we krush only the best ingredients so you can krush everything you do. Our Organic 100% juices are crafted for life's little wins using the finest fruits.



R.W. Knudsen Organic Apple Juice

R.W. Knudsen Organic Just Tart Cherry Juice

\$679

32 oz

Farmer's Market Organic Pumpkin Puree

\$329

15 oz

Buddha Tea Organic Tea

selected varieties



nutpods Dairy-Free Creamer

selected varieties

\$279

11.2 oz REBBL

Organic Protein Elixir selected varieties

\$379

12 oz

ROAR Organic Organic Vitamin Enhanced Beverage

selected varieties

\$759

18 oz



Four Sigmatic Organic Mushroom Coffee

selected varieties

32 oz

\$1299

12 oz



Olipop Sparkling Tonic

\$499

selected varieties

18 ct

\$79

12 oz





We're proud to be part of building a fairer world.

Over the last 10 years, global Fairtrade sales have generated nearly \$2 billion in Fairtrade Premium for farmers and workers!



Elmhurst Plant-Based Milk

selected varieties



\$479

32 oz

Udi's Gluten Free Gluten Free Hamburger Buns

selected varieties

10.4-10.8 oz

Van's **Waffles**

selected varieties





9 oz

JonnyPops Organic Pops

selected varieties

14.8 oz



Stonyfield **Organic Yogurt**

selected varieties

32 oz

Vital Farms Butter

selected varieties

8 oz

Food For Life Organic Ezekiel 4:9® English Muffins

selected varieties



16 oz



At Ancient Nutrition, we are leading the Regenerative Revolution in Mind, Body & Planet. On our founder-owned Regenerative Organic Certified® (ROC™) farms, we are cultivating more nutrient-dense soil to grow the powerful superfood ingredients that go into our line of first-ever ROC™ Probiotics.



Ancient Nutrition Organic Gut Recovery Probiotics

60 ct

Organic Valley Organic String Cheese



8 oz

Beyond Meat Beyond Ground Beef

16 oz





Ancient Nutrition Multi Collagen **Protein Powder**

selected varieties

459-525 g



HEALTHY CONSCIOUS LIVING

Environmental and social responsibility are at the heart of Organic India, with an unwavering commitment to ethical and sustainable practices. Every herb and spice is cultivated by way of organic, regenerative methods and fairtrade principles.



Organic India Organic Psyllium Husk

12 oz



Organic India Organic Ashwagandha

90 cap

30 ml

Lily of the Desert

Organic Aloe Vera Juice

Beekeeper's Naturals Propolis Immune Support

Throat Spray



\$579

Jarrow Formulas

MK-7 90 mcg

32 oz



MegaFood Relax + Calm Magnesium Soft Chews

\$1149

30 ct

Carlson

Cod Liver Oil



Garden of Life Organic Elderberry Gummy

No. 7 Advanced Joint Support Complex

\$2799

120 ct

Solgar



\$2099

60 sgel



Floradix Floravital Iron & Herbs

\$799

500 ml



\$1899

Nordic Naturals

Ultimate Omega

30 vcap



\$2299

8.5 oz



Natural Factors Whole Earth & Sea™ Women's Multivitamin & Mineral

KAL Magnesium Glycinate 350

\$1699

160 ct



\$2199

60 ct



***7**000

60 tab



Flora Super 8 Hi-Potency Probiotic



30 cap

Boiron Oscillococcinum

Forces of Nature

12 ct

5 ml

Oscillococcinum^{*}

Wally's Natural **Organic Ear Oil**

Whether it's a cup for

conversation, finding your zen, or settling

digestive discomfort,

Traditional Medicinals

has a tea for that,

and lozenges too! We

combine traditional

plant knowledge and advanced plant science to help you better manage your wellness.



1 oz

Himalaya



Andalou Naturals Shampoo or Conditioner

selected varieties

Throat Coat

ORIGINAL # SLIPPERY ELM

Traditional Medicinals

Organic Tea

selected varieties

16 ct



Throat Coat

Traditional Medicinals

Organic Throat

Lozenges

selected varieties

16 ct

Dr. Bronner's **Organic Castile Liquid Soap**

Organic Nail Fungus Control



Toothpaste selected varieties

4-5.29 oz



Ecover Dishwasher Tablets

selected varieties

11.5 oz



Desert Essence Dental Floss

32 oz



1 ct



ECOS Laundry Detergent selected varieties

100 oz



25 ct

Pumpkin Cheesecake Oatmeal

5 MIN • SERVES 2 • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

Pumpkin Cheesecake

½ cup Greek yogurt 2 tablespoons pumpkin

1 tablespoon maple syrup ½ teaspoon cinnamon Pinch nutmeg Pinch sea salt

Oats 1 cup oatmeal

1 teaspoon cinnamon

Pinch nutmeg

1 ¼ cups almond milk 2 tablespoons maple

Toppings

Pecans

Pumpkin Seeds Granola

DIRECTIONS

- 1 In a bowl, combine the pumpkin cheesecake ingredients and set aside.
- 2 In a microwave safe bowl, combine the oats ingredients and microwave for one minute. Stir and microwave for an additional minute.
- **3** Swirl the pumpkin cheesecake into the oats and top with pecans, pumpkin seeds, and granola.





INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

> For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

