



# NATURE'S PICK MARKET

The Elements Of Good Health

# deals

August 21–September 24, 2024



Lakewood Organic Pure Pineapple Juice

**\$6<sup>29</sup>**  
32 oz



Bragg Organic Apple Cider Vinegar

**\$4<sup>99</sup>**  
32 oz



## Stock up on organic goodness!

Late July Organic Tortilla Chips  
selected varieties

**2/\$7**  
10.1 oz



Primal Kitchen Organic Ketchup  
selected varieties

**\$4<sup>79</sup>**  
11.3 oz



Cascadian Farm Organic Organic Potatoes  
selected varieties

**2/\$8**  
12–16 oz



Food For Life Organic Ezekiel 4:9® Bread  
selected varieties

**\$5<sup>99</sup>**  
24 oz



Alexia Organic Fries  
selected varieties

**\$4<sup>79</sup>**  
15–16 oz



Muir Glen Organic Tomatoes  
selected varieties

**2/\$4**  
14.5 oz



Native Forest Organic Coconut Milk  
selected varieties

**\$2<sup>99</sup>**  
13.5 oz



Forager Project Organic Cashewmilk Yogurt  
selected varieties

**\$4<sup>79</sup>**  
24 oz



Alden's Organic Organic Ice Cream  
selected varieties

**\$8<sup>29</sup>**  
48 oz



**Maya Kaimal**  
**Organic Everyday Dal**  
 selected varieties



**\$3.79**

10 oz

**Lotus Foods**  
**Organic Rice Noodles**  
 selected varieties



**\$3.49**

8 oz

**Muir Glen**  
**Organic Pasta Sauce**  
 selected varieties



**2/\$7**

23.5 oz

**Crown Prince Natural**  
**Smoked Oysters**  
 selected varieties



**\$3.29**

3 oz

**San-J**  
**Organic Tamari Soy Sauce**



**\$4.99**

10 oz

**Simply Organic**  
**Organic Dip Mix**  
 selected varieties



**\$1.29**

0.7-1.5 oz

**Stacy's**  
**Pita Chips**  
 selected varieties



**\$3.29**

6.75-7.33 oz



**Wild Planet**  
**Wild Sardines**  
 selected varieties

**\$2.29**

4.4 oz



**Wild Planet**  
**Skipjack Wild Tuna**  
 selected varieties

**\$2.99**

5 oz

**Whisps**  
**Cheese Crisps**  
 selected varieties

**2/\$6**

2.12 oz



**Kettle**  
**Potato Chips**  
 selected varieties

**2/\$6**

4.25-5 oz



**Siete**  
**Tortilla Chips**  
 selected varieties

**\$3.99**

5 oz



**Siete**  
**Grain Free**  
**Taco Shells**

**\$4.29**

5.5 oz



Gather around the table with Siete Foods! Siete creates delicious heritage-inspired products with thoughtfully selected ingredients, like these Grain Free Taco Shells and Sea Salt Tortilla Chips made with avocado oil. Enjoy with loved ones because Juntos es Mejor, or "together is better!"

**Angie's**  
**BoomChickaPop Popcorn**  
 selected varieties

**2/\$6**

4.4-7 oz



**Clif Bar**  
**Energy Bar**  
 selected varieties

**2/\$3**

2.4 oz



**Tony's Chocolonely**  
**Chocolate Bar**  
 selected varieties

**2/\$7**

6.35 oz



**Larabar**  
**Fruit & Nut Bar**  
 selected varieties

**5/\$5**

1.6-1.7 oz



**Chocolove**  
**Chocolate Bar**  
 selected varieties

**2/\$5**

2.9-3.2 oz



**Bobo's**  
**Oat Bar**  
 selected varieties



**Endangered Species**  
**Chocolate Bar**  
 selected varieties

**2/\$5**

3 oz



**UNREAL**  
**Chocolate Bars**  
 selected varieties

**\$4.29**

3.4-4.2 oz



**2/\$4**

3 oz



**Cascadian Farm Organic Cereal**

selected varieties



**2/\$7**

8.6-14.6 oz

**Spectrum Organic Shortening**

**\$8.79**

24 oz



**Rishi Tea Organic Tea**

selected varieties

**\$6.49**

15 ct



**Mount Hagen Organic Instant Coffee**

selected varieties

**\$8.49**

3.53 oz



**Laird Superfood Superfood Creamer**

selected varieties

**\$6.79**

8 oz



**KeVita Organic Kombucha**

selected varieties

**\$2.79**

15.2 oz



**Health-Ade Organic Kombucha**

selected varieties

**\$2.79**

16 oz



**Eternal Naturally Alkaline Spring Water**

**2/\$3**

1 lt



**Vita Coco Coconut Water**

selected varieties



**2/\$4**

500 ml

**Harmless Harvest Organic Coconut Water**

**\$4.29**

16 oz



**evamor Natural Alkaline Artesian Water**

**2/\$4**

32 oz



**Essentia Alkaline Water**

**2/\$3**

1 lt



**Milkadamia**  
**Macadamia Milk**  
 selected varieties



**\$4.79**

32 oz

**MALK**  
**Organic Almondmilk**  
 selected varieties



**\$5.29**

28 oz

**Califia Farms**  
**Barista Blend Oatmilk**



**\$3.79**

32 oz

**Organic Valley**  
**Organic Raw Cheese**  
 selected varieties



**\$4.79**

8 oz

**Rumiano**  
**Organic Sliced Cheese**  
 selected varieties



**\$3.99**

6 oz



**Miyoko's**  
**Organic Liquid Vegan**  
**Pizza Mozzarella**

**\$5.29**

16 oz



**Miyoko's**  
**Organic Vegan**  
**Cream Cheese**  
 selected varieties

**\$3.79**

8 oz



Built on the foundation of craft and compassion, Miyoko's Creamery is the natural, compassionate evolution of dairy—using time-honored techniques and the finest ingredients to make our award-winning, phenomenally vegan, plant-milk butter and cheese.

## Tomato, Peach & Basil Pesto Pizza

35 MIN • SERVES 2-4

### INGREDIENTS

- 1 package pizza dough, room temperature
- 2 small peaches or nectarines, stoned and sliced
- 8 cherry tomatoes, halved
- 1 ½ cup shredded mozzarella cheese
- ¼ cup shredded parmesan cheese
- ¼ cup basil pesto

### DIRECTIONS

- 1 Preheat oven to 450°F.
- 2 Press prepared pizza dough onto a parchment lined baking sheet using fingertips forming a round shape.
- 3 Brush pesto over dough then sprinkle with cheeses.
- 4 Arrange tomatoes and peach slices evenly over the top.
- 5 Bake for 15–20 minutes until edges are golden brown, rotating half way through cooking.





**Nuts for Cheese  
Organic Vegan Cheese**  
selected varieties



**\$5.79**

4.2 oz

**Rudi's Bakery  
Organic Bread**  
selected varieties



**\$4.79**

22 oz

**Om  
Organic Lion's Mane**



**\$16.99**

100 g

**Bitchin' Sauce  
Bitchin' Sauce**  
selected varieties



**\$3.99**

8 oz

**wildbrine  
Kimchi**  
selected varieties



**\$6.29**

18 oz

**Cosmic Bliss  
Organic Dairy-Free Frozen Dessert**  
selected varieties



**\$5.29**

14 oz

**Vibrant Health  
Green Vibrance**



**\$45.99**

11.68 oz

**Nordic Naturals  
Algae Omega**



**\$22.99**

60 ct

**Outer Aisle Gourmet  
Sandwich Rounds**  
selected varieties



**\$5.29**

6.75 oz

**So Delicious  
Plant-Based Frozen Dessert**  
selected varieties



**\$4.79**

16 oz

**Yerba Prima  
Psyllium Husks Powder**



**\$12.99**

12 oz

**Garden of Life  
Vitamin Code® Raw Zinc**



**\$11<sup>99</sup>**

60 ct

**Wiley's Finest  
Wild Alaskan Fish Oil  
Easy Swallow Minis**



**\$16<sup>99</sup>**

60 ct

**Dr. Bronner's  
Organic Hand Sanitizer**  
selected varieties



**\$3<sup>79</sup>**

2 oz

**Natural Factors  
WellBetX® Berberine 500 mg**



**\$21<sup>99</sup>**

60 vcap

**Trace Minerals  
ConcenTrace Trace Mineral Drops**



**\$33<sup>99</sup>**

8 oz

**DERMA E  
Anti-Wrinkle Renewal Cream**



**\$15<sup>99</sup>**

4 oz

**ShiKai  
Borage Therapy Hand Cream**



**\$6<sup>99</sup>**

2.5 oz

**ACURE  
Shampoo or Conditioner**  
selected varieties



**\$6<sup>49</sup>**

8 oz

**Weleda  
Skin Food**



**\$14<sup>99</sup>**

2.5 oz

**JASON  
Body Wash**  
selected varieties



**\$10<sup>99</sup>**

30 oz

**Mrs. Meyer's Clean Day  
Liquid Dish Soap**  
selected varieties



**\$3<sup>99</sup>**

16 oz



# Moroccan Style Meatballs

45 MIN • SERVES 2-3

## INGREDIENTS

½ pound ground beef	1 cinnamon stick
½ pound seasoned ground pork	⅓ cup honey
1 medium yellow onion, diced (divided)	¼ teaspoon sea salt
3 tablespoons olive oil	¼ teaspoon ground black pepper
2 large garlic cloves, minced	½ preserved lemon, chopped (optional)
15 ounce can fire-roasted crushed tomatoes	⅓ cup crumbled feta
1 teaspoon ground ginger	1 cup cilantro leaves

## DIRECTIONS

- 1 Combine ground beef, pork, and half of the diced onion. Shape mixture into eight balls and set aside.
- 2 In a 4-quart saucepan, heat oil over medium heat. Add remaining onion and sauté until translucent. Stir in garlic, ginger, and cinnamon stick; cook for one minute.
- 3 Add tomatoes, ½ cup water, honey, salt, and pepper. Bring to a gentle simmer and cook for 10 minutes. Place meatballs in sauce and continue to cook for 15 minutes or until internal temperature reaches 165°F.
- 4 Stir in preserved lemon and serve with crumbled feta and cilantro.



## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.

